


Warm Up		FREEZE TAG	
EQUIPMENT: 1 ball per group, hats cones for boundaries			5 Minutes
DESCRIPTION <ol style="list-style-type: none"> Set up a large area for students to run, make sure there are no poles or nets in the area. Choose two students to be 'it'. The students who are 'it' have a ball in their hand to use for tagging. The ball is used to tag another student; the ball must not be thrown. Once tagged they freeze with legs apart. They can be un-frozen by another student crawling between their legs. 			
CHANGE IT <ul style="list-style-type: none"> It may be culturally insensitive to crawl through other students legs so change it to allow a tap on the shoulder to unfreeze the player 			
ANC CODE	Moving Our Body	<u>ACPMPO25</u>	
		<u>ACPMPO43</u>	
		<u>ACPMPO61</u>	