

Example Risk Management Plan

Hazard / Risk	Control Measures	Yes	No	Implementation or Control Plan
Biological material <ul style="list-style-type: none"> Body fluids (e.g. blood, saliva, sweat) 	Students with open cuts and abrasions are to be removed from the activity and treated immediately. If bleeding cannot be controlled completely, the participant should not be allowed to return to the activity. All clothing, equipment and surfaces contaminated by blood should be treated as potentially infectious.			
	Have sufficient and suitable containment material (bandages, etc) readily available			
	Ensure that personal items such as towels and drink bottles are not shared.			
Environmental conditions <ul style="list-style-type: none"> Weather Surfaces Surrounds Equipment Ratchet winch system 	Assess weather conditions before and during activity (e.g. temperature, storms).			
	Assess suitability of playing field (e.g. level, debris, pot holes/divots in ground, line markers) before and during activity.			
	Rake sand before use (Beach Volleyball).			
	Adopt procedures to minimise loose balls entering the playing area and safety procedures should be established for their removal.			
	Net play should be closely supervised at all times.			
	Ensure care is taken when adjusting/releasing the high tension winch/ratchet net system.			
	Winch handles on posts should be removable. Any new removable winding equipment on posts should be padded			
	Guy wires should not be used to support posts, but if schools elect to use these, they should be visible to players and be covered with protective pads.			
	Lines for outdoor courts should be of flexible, non-injurious material (i.e. cords or webbing). Wood, metal or other solid material should not be used.			
	Referee stands and chairs for lines people should be positioned with regard to player safety.			
	Sand depth to be at least 30 cm.			
	Sand should extend beyond court by at least 2 metres.			

	Portable posts base to be covered with sand.			
	Equipment including net posts to be checked for any damage before play commences and removed from use where necessary.			
	Indoor facilities to have adequate lighting and ventilation, with lights protected.			
	Indoor court surface to be non-slip.			
	For modified games (ages 8-13), use: <ul style="list-style-type: none"> • a smaller sized court (13 metres x 6.5 metres) • a lower net height • a softer and lighter ball • less players on the court • modified rules 			
Students / Players Disability <ul style="list-style-type: none"> • Medical conditions • High risk behaviours • Student numbers 	Obtain parental permission, including relevant medical information.			
	When students with medical conditions are involved, ensure that relevant medical/ emergency plans and medications are readily available (insulin, Ventolin®, EpiPen®, etc).			
	Introduce rules, safety procedures and prerequisite skills.			
	Wear footwear appropriate to playing surface.			
	If spectacles need to be worn during matches and training sessions, make sure they have plastic frames and plastic lenses. A band should also hold the spectacles on securely.			
	Cut or tape long fingernails to prevent injury to others.			
	Jewellery can be a serious hazard when undertaking many activities. All forms of jewellery should be considered in terms of the risk it presents for each activity. Procedures should be put in place to ban, dissuade or protect (e.g. tape) the wearing of jewellery accordingly.			
Physical exertion <ul style="list-style-type: none"> • Strains and sprains • Cramps • Exhaustion and fatigue 	Have appropriate warm-up and warm-down activities.			
	Follow progressive and sequential skills development.			
	Modify games to match the skill and fitness levels of students.			
	Have ice packs available			